

## Phys 487 Discussion 13 – Fermi's Golden Rule

Given •  $H(t) = H^{(0)} + H'(t)$ , •  $\{E_n^{(0)}, |n^{(0)}\rangle\}$  = the eigen-\* of  $H^{(0)}$  • initial state  $|\psi(t=0)\rangle = |i^{(0)}\rangle$

then 
$$|\psi(t)\rangle = \sum_n c_n(t) e^{-i\omega_n t} |n^{(0)}\rangle \quad \text{with} \quad i\hbar \dot{c}_f(t) = \sum_n H'_{fn} e^{i\omega_{fn} t} c_n(t)$$

•  $\omega_{fn} \equiv (E_f^{(0)} - E_n^{(0)}) / \hbar$   
•  $H'_{fn} \equiv \langle f^{(0)} | H' | n^{(0)} \rangle$

& to 1<sup>st</sup> order in  $H' \ll H^{(0)}$ ,

$$c_f(t) \approx \delta_{fi} + \frac{1}{i\hbar} \int_0^t H'_{fi}(t') e^{i\omega_{fi} t'} dt' \quad \rightarrow \quad P_{i \rightarrow f} = |c_f(t)|^2$$

### Problem 1 : Fermi's Golden Rule for a constant perturbation

The simplest time-dependent perturbation is a constant potential  $V$  that just “turns on” at some time  $t = 0$  :

$$V(t) = 0 \text{ for } t < 0 \quad \& \quad V(t) = V = \text{constant for } t \geq 0.$$

Suppose we have a system with a solvable unperturbed Hamiltonian  $H_0$  plus the time-dependent perturbation  $V(t)$  given above. What is the transition probability  $P_{i \rightarrow f} = |c_f(t)|^2$  to first order?

(a) Derive the following result :  $P_{i \rightarrow f} = \frac{|V_{fi}|^2}{\hbar^2} \left[ \frac{\sin(\omega_{fi} t / 2)}{\omega_{fi} t / 2} \right]^2 t^2$  for  $i \neq f$ .

You will need the “half-angle formula”  $1 - \cos \theta = 2 \sin^2(\theta / 2)$ .

(b) Prove the following weird but important Dirac delta-function relation :  $\delta(ax) = \frac{\delta(x)}{a}$ . (Think UNITS.)

(c) Prove that the following is a delta function :  $\lim_{a \rightarrow \infty} \frac{1}{\pi} \frac{\sin^2(ax)}{ax^2} = \delta(x)$ . (You will need  $\int_{-\infty}^{+\infty} \frac{\sin^2 x}{x^2} dx = \pi$ .)

(d) Combining the above, show that the **transition rate**  $R_{i \rightarrow f} \equiv \frac{P_{i \rightarrow f}}{t} = \frac{2\pi}{\hbar} |V_{fi}|^2 \delta(E_f - E_i)$  in the limit where energy is conserved, i.e. where  $(E_f - E_i) \rightarrow 0$ .

This relation is one form of **Fermi's Golden Rule** for **energy-conserving transitions**.

(e) Is it reasonable to insist that energy is conserved despite the change in potential energy? Return to expression (a) and consider its dependence on  $\omega_{fi} = \hbar(E_f - E_i)$ . As you can quickly check with some sort of machine, the function  $\sin^2 x / x^2$  is peaked at  $x=0$  and has a width of about  $\pi$ . (It reaches  $0.4 \approx 1/2$  at  $x = \pm\pi/2$ ).

Given this info, what range of  $\omega_{fi}$  values keeps the transition probability  $P_{i \rightarrow f}$  within a factor of about 2 of its maximum value? Your answer will involve time,  $t$ . Does the range of probable transition frequencies increase or decrease with  $t$ ?

(f) Hopefully what you found was that, as  $t \rightarrow \infty$ , the width in reasonably-probable transition frequencies goes to zero. This is a very important result! What does  $t$  represent, exactly? Once you know, you can say something like this

“In the limit that the perturbation  $V(t)$  \_\_\_\_\_(words)\_\_\_\_\_, the only transition frequency with any finite probability is  $\omega_{fi} =$  \_\_\_\_\_, which means that energy is \_\_\_\_\_ in this limit.”

We have thus clarified the conditions under which part (d) is a valid result.

(g) You just found that **energy is conserved more exactly** in the transition from state  $i$  to state  $f$  **as the time  $t$  that the perturbation has been ON increases**. What relation involving a German name is this related to?

(h) The perturbation can never be on *forever*, i.e. we can never reach the limit  $t \rightarrow \infty$ , so there is always some non-zero range of final-state energies  $E_f \approx E_i$  that can be reached from an initial-state energy  $E_i$  ... but a transition  $E_i \rightarrow E_f$  can only occur if there a state with energy  $E_f$  actually exists. It is customary to inject information about the availability of final states into Fermi's Golden Rule using the quantity  $\rho(E_f)$  = the density of final states = #states per unit energy. This quantity has units of 1/energy. The energy-conserving delta function  $\delta(E_f - E_i)$  in our earlier version of Fermi's Golden Rule *also* has units of 1/energy. To get the most familiar form of F.G.R., we simply replace the one-final-state-only  $\delta$ -function with the density of states:

$$R_{i \rightarrow f} \equiv \frac{P_{i \rightarrow f}}{t} = \frac{2\pi}{\hbar} |V_{fi}|^2 \rho(E_f) \Big|_{E_f = E_i}$$

**Fermi's Golden Rule for energy-conserving transitions.**